

Starters

Griddled Mediterranean Vegetable Salad with a Tomato and Basil Vinaigrette

Oak Smoked Scotch Salmon with Lemon and Granary Bread

Caesar Salad

Salad of Pear, Roquefort Cheese and Garlic Croutons

Crab and Avocado Tian

Fine Chicken Liver Parfait with Red Onion Marmalade

Fan of Melon with a Blackcurrant Coulis

Smoked Trout Fillets with Horseradish Sauce

Spicy Marinated King Prawns with Salad and Ciabatta Bread

Cold Classic Spicy Spanish Gazpacho with Croutons

David Protheroe Professional Chef
Braishfield Romsey Hampshire
Telephone 01794 367002 Mobile 07712 006748
Email david@djpcatering.com www.djpcatering.com

Bespoke Catering

DJP

By

David Protheroe

Main Courses

The following dishes are all charbroiled on the barbecue at the river's edge

Monkfish Tournedos Marinaded in Lemon, Garlic and Herbs de Provence

Suprême of Chicken with a Tarragon, Shallot and White Wine Sauce

Salmon Suprême with Cajun Spices

Fillet of Pork with an Apple, Mushroom and Cider Sauce

Sirloin Steak with a Peppercorn Sauce

Tuna Steak with a Barbecue Sauce

Tournedos of Beef Fillet Terryaki

Veal Cutlet with a Madeira and Shallot Sauce

Medley of Speciality Sausages

All the above are served with New Potatoes and a Fresh Mixed Salad

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Bespoke Catering



Desserts

Lemon Tart with Blackcurrant Coulis

Chocolate Truffle Torte with Raspberry Coulis

Caramelised Oranges with an Orange perfumed Crème Caramel

Baked White Chocolate Cheesecake

Individual Raspberry Pavlova with a Red Berry Coulis

Individual Summer Fruit Pudding with Crème Fraîche

Exotic Fruit Soup

Passion Fruit Brulée

Apple Frangipane Tart served with Cavaados Crème Anglaise

Pear Tart with Poire William Sauce

Brochette of Fruit on a Bed of Iced Rice Pudding

Individual Platter of English & Continental Cheeses

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